**A picture containing whiteboard

Description automatically generatedPSE (SCARF) Overview for EYFS**

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| **Term** | **PSED Topic** | **Unit details** |
| Autumn 1  I’m Special, I’m me | Me and my relationships | [All about me](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/all-about-me)  [What makes me special](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/what-makes-me-special)  [Me and my special people](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/me-and-my-special-people)  [Who can help me?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/who-can-help-me)  [My feelings](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/my-feelings) |
| Autumn 2  Traditional Tales and Celebrations | Being my best | [Bouncing back when things go wrong](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/bouncing-back-when-things-go-wrong-1)  [Yes, I can!](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/yes-i-can)  Healthy eating  [Move your body](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/move-your-body)  [A good night's sleep](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/a-good-nights-sleep) |
| Spring 1  Superheroes and people who help us | Valuing difference | [I'm special, you're special](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/im-special-youre-special)  [Same and different](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/same-and-different)  [Same and different families](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/same-and-different-families-)  [Same and different homes](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/same-and-different-homes)  Kind and caring |
| Spring 2  Into the Woods | Growing and changing | [Seasons](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/seasons)  [Life stages - plants, animals, humans](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/life-stages--plants-animals-humans)  [Life Stages: Human life stage - who will I be?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/life-stages-human-life-stage--who-will-i-be)  [Where do babies come from?](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/where-do-babies-come-from)  [Getting bigger](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/getting-bigger)  [Me and my body - girls and boys](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/me-and-my-body--girls-and-boys) |
| Summer 1  Transport and the Farm | Rights and responsibilities | [Looking after my special people](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/looking-after-my-special-people)  [Looking after my friends](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/looking-after-my-friends)  [Being helpful at home and caring for our classroom](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/being-helpful-at-home-and-caring-for-our-classroom)  [Caring for our world](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/caring-for-our-world)  Looking after money |
| Summer 2  Around the World | Keeping myself safe | [What's safe to go onto my body](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/whats-safe-to-go-onto-my-body)  [Keeping Myself Safe - What's safe to go into my body (including medicines)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/keeping-myself-safe--whats-safe-to-go-into-my-body-including-medicines)  [Safe indoors and outdoors](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/safe-indoors-and-outdoors)  [Listening to my feelings (1)](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/listening-to-my-feelings-1)  [Keeping safe online](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/keeping-safe-online)  [People who help to keep me safe](https://www.coramlifeeducation.org.uk/scarf/lesson-plans/people-who-help-to-keep-me-safe) |