

Knowledge Bank – All About Me!

Reception – Autumn 1

Seasonal Changes

There are four seasons in the year. These are **Spring, Summer, Autumn** and **Winter**.

The weather changes all the time in autumn. The weather gets cooler and days can be windy and wet. Some days can still be sunny and golden.



sunny

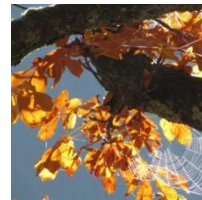


frosty



rainy

The leaves on some trees change colour, die and fall off the trees. The tree does not die. They will eventually make new leaves.



Some animals **hibernate**. This means that they sleep for the winter. Winter is hard for animals to find food so they eat lots during autumn and at the end of autumn go into a deep, long sleep. Here are some animals that hibernate

hedgehog



dormouse



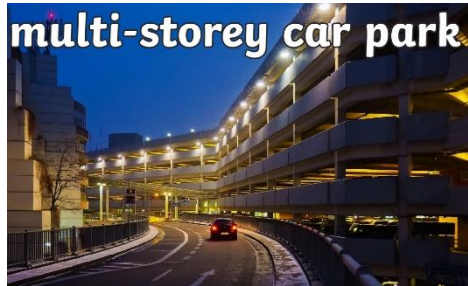
bat



Key Questions...

My house and where I live....

People live in different types of houses and live in different places. Our school is in a village called **Flintham** and our school is called **Flintham Primary School**. Flintham is a village.



Key Questions...

Tell me about where you live... What is your house/chalet/caravan like? Where is our school? What do you see on your journey to school?

Oral Health

We must brush our teeth for **two** minutes, **twice** a day to clean off any old food, especially sugar, as this damages our

Body Parts

Here are some of our body parts.

arm



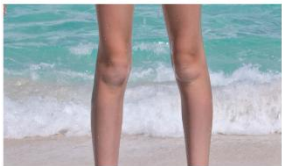
elbow



leg



knees

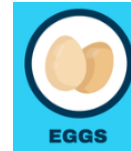


foot



Key Questions...

Can you point to your arm? Elbow? Knee? Leg? What can you do with your arm? Elbow etc?



Lollipops and sweets



Sugary drinks

Key Questions...

How many times a day should we brush our teeth for? How many minutes should we brush our teeth for? Why is it important to brush our teeth?

Our 5 Senses

We have 5 senses. We use different parts of our body for these.



Sight



Smell



Hearing



Taste



Touch

Key Questions...

Can you tell me about your senses? Which part of your body do you use to smell/hear/see etc? What can you smell/hear/ see etc?

Families

Every person is part of a family. All families are different. We can make a family tree to show who is in our family. These are some of the people you might have in your family.



Key Questions...

Who is in your family? Who do you live with? How is your family different to your friends/class mates?

How have we changed since we were born?

Think about what you were like when you were a baby— what did you look like, what did you do? What couldn't you do? How have you changed?



Key Questions...

What did you look like when you were a baby? What could/couldn't you do? What can you do now? How have you changed? What do babies need help with?